

NSQ 2022 Camp Meeting
5/11/22 6:00p.m.- 8:30p.m. via google meet
Video call link: <https://meet.google.com/tyn-hjry-gow>

Mentoring North Star Style

(If you are unable to attend a camp meeting, you must notify us as soon as possible and arrange a way to make up the meeting content. northstarquest@gmail.com)

- **Welcome** - You are here because we need your uniqueness to thrive.
 - **Check In** - Name & pronouns / Job / two favorite foods
 - **Name Game** -

 - **Registration Update**
 - **Fundraising Update**
 - **Upcoming Events**
 - My fundraising notes and plans:
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- **Job Description Review**
- **Quick Break**

Mentoring North Star Style!

Mentoring Intro: What is a mentor?

Discussion Question: Who was your favorite mentor, and why?

Perspective:

Each camper deserves respect for their emotions, perspectives and way of being in the world.

Age Appropriate:

What will I remember about the developmental stages of campers?

Intersectional Analysis:

What are examples of language that leaves space for self-definition?

Boundaries:

How is being a mentor different from a friend? Safe Space vs Brave Space

Harm Reduction:

How do I help campers build their skills in seeing risk and making safer choices?

To summarize

Do	Don't
Understand the world they live in LISTEN Have high expectations Maintain personal boundaries Ask questions Give them chances to find their own solutions Be yourself Encourage emotional growth (Fuel their fire!)	Over promise Lean on them Initiate affection Take anything they say personally Give advice (Fill their heads)

Reflection: What do my own experiences teach me? What are my own biases, and how can I actively re-think my expectations?

How can anyone ever tell you that you're anything less than beautiful?